



Los Angeles Alumnae Chapter **EMBODI** Overview

“Empowering **M**ales to **B**uild **O**pportunities for **D**eveloping **I**ndependence”

ABOUT

Delta Sigma Theta Sorority, Inc. is a private, nonprofit organization whose purpose is to provide assistance and support through established programs in local communities. EMBODI: Empowering Males to Build Opportunities for Developing independence is the signature program of our sorority under the leadership and vision of our 24th National President Cynthia M. A Butler-McIntyre. The Los Angeles Alumnae Chapter will continue to expand their commitment in empowering young African-American males, ages 13-17, with life skills and access to build opportunities for developing independence for success. EMBODI provides an opportunity for the Los Angeles Alumnae Chapter to enrich and enhance the education that young teens receive in public schools throughout the Los Angeles area.

GOALS

The goals for **EMBODI** are:

- EMBODI will focus on learning experiences for improved academic performance through self-efficacy and experiential learning.
- EMBODI will provide access and application of diverse learning opportunities through cultural and community support.
- EMBODI will reduce negative responses to conflict through restorative justice and resolutions.
- EMBODI will participate in community service activities through outreach.
- EMBODI will create opportunities to develop a higher level of self-confidence and resilience
- EMBODI will provide activities to increase community involvement, family bonding and interaction.
- EMBODI will seek to provide recreational activities that will develop positive social skills and improved teamwork effort.
- EMBODI can provide opportunities for cohesion for by involvement of families in structured activities in safe community environments.
- EMBODI will provide opportunities for interaction with community professionals and positive male role models.



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PURPOSE

The aim of the EMBODI program is to develop young men with positive attitudes towards themselves and others, and who are effective and optimistic problem solvers, that are confident about their future. The EMBODI program is one response to imperatives of the future. It is an exciting and innovative way for the women of the Los Angeles Alumnae Chapter with a vision to turn their considerable resources and energies into developing new purpose, new skills and new leaders from the ranks of young men. The EMBODI program offers supervised and structured experiences that will help participants grow to be productive citizens with high self esteem and an appreciation for the demand of an increasingly technological society.

COMMITMENT

The EMBODI Committee is committed to young men who demonstrate the potential to succeed, but who may not have the necessary support systems to meet their highest potential. We are committed to addressing the educational and social development needs of middle and high school males. Our overarching goal is to guide these young men into manhood with educational support and professional guidance that will teach them how to create opportunities for academic success, to develop their abilities and talents, and to become change agents in the transformations of their communities.

EMBODI

Criteria for Participation

Participation in EMBODI will be held once a year. The following criteria will be used to determine eligibility:

- Males entering or attending middle or high school ages 11-17
- Submit a completed application
- Submit all applicable consent forms to participate with parental signature
- Submit a Code of Conduct with parental signature
- Attend the mandatory student/parent orientation session



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Program Information

Please familiarize yourself with the following guidelines:

1. Attendance

- We ask that your child be an active participant in EMBODI such as regularly scheduled meetings, community service projects and or other planned activities.
- Regularly scheduled meetings will typically be held the Second Saturday of every month beginning in October from 10:00am to 1:00pm. The location of meetings will be virtual until further notice. This is subject to change.
- Participation is voluntary, but it requires a strong level of commitment

2. Transportation

Parents will provide transportation to and from every EMBODI session. Members of Delta Sigma Theta Sorority, Inc. are not permitted to provide transportation for students selected to participate in the EMBODI program.

3. Permission Slips

A trip specific permission slip must be signed and returned to the EMBODI Committee before any student will be allowed to attend an off site trip/activity otherwise he will not be able to attend that trip.

4. Drop Off/Pick Up

Your child must be signed in and out by an adult approved by the parent/guardian at every session. If a student is picked up late three (3) times he may not be able to continue participation in the program.

5. Appropriate behavior of a young man should be exemplified at all times.

Students must comply with the rules and regulations established in the program.